

Variable	Value	Value description
<b>Autonomy in managing money</b>		
	<b>Dependent</b>	No autonomy in managing money and economic/bank activities and helped by a son/daughter or someone else.
	<b>Partially dependent</b>	Autonomy in managing money but she/he receives support for more complex economic/bank activities.
	<b>Independent</b>	Complete autonomy in managing money and economic/bank activities.
<b>Autonomy in shopping</b>		
	<b>Dependent</b>	She/he receives help in shopping/no autonomy.
	<b>Partially dependent</b>	She/he receives some help, i.e. doesn't carry heavy things that are taken home by others, or buys by his/her self but uses home delivery services <b>and/or</b> she/he receives meals from a service offered by the town hall.
	<b>Independent</b>	She/he buys and goes shopping on her/his own.
<b>Diet</b>		
	<b>Inadequate</b>	Less than 3 meals a day <b>and</b> not balanced/poor quality of the diet.
	<b>Partially adequate</b>	Less than 3 meals a day with balanced dishes <b>or</b> 3 meals but not balanced/poor quality of the diet.
	<b>Adequate</b>	3 meals a day <b>and</b> a balanced diet.
<b>Help for housekeeping</b>		
	<b>Never</b>	No help for housekeeping.
	<b>Occasional</b>	Once in a while.
	<b>Routinely but minimal</b>	One or more times a week for less than 3 hours a week.
	<b>Frequent</b>	One or more times a week for less than 7 hours a week but for at least 3 hours a week.
	<b>Very frequent</b>	Every day for at least 1 hours a day or not every day but at least 7 hours a week.