

**Multimedia Appendix 4. Feedback measure used to record Physiotherapists Reaction to E-SOLAS training and Implementation Outcomes post-training**

<b>Satisfaction</b>	Median [IQR], min-max
1. <i>How satisfied were you with the SOLAS Physiotherapist e-learning training programme?</i> (1 'very dissatisfied' to 5 'very satisfied')	5.0 (1.0), 4.0-5.0
2. <i>The SOLAS Physiotherapist E-Learning training programme was enjoyable</i> (1 'strongly disagree' to 5 'strongly agree')	4.0 (1.0), 3.0-5.0
<b>Engagement</b>	
3. <i>Did you find the online programme engaging?</i> Yes	n (%) 13.0 (100.0%)
1. <i>How much time did it take you to complete the full training programme?</i>	Mean days (SD), min-max
	16.3 (6.03), 9.0-28.0
2. <i>On average how long did you spend completing the training at any one time?</i>	n (%)
• 30-60 mins	2.0 (15.4%)
• 1-2 hours	10.0 (76.9%)
• >2 hours	1.0 (7.7%)
3. <i>How much time did you spend reading downloaded documents whilst completing training?</i>	Median [IQR], min-
• 30-60 mins	3.0 (23.1%)
• 1-2 hours	5.0 (38.5%)
• 2-5 hours	4.0 (30.8%)
• >5 hours	1.0 (7.7%)
	max
4. <i>How did you find working independently during training?</i> (1 'very easy' to 5 'very hard')	1.0 (1.0), 1.0-3.0
5. <i>Did you find any difficulty not having access to other therapists or a 'teacher'?</i> (1 'very easy' to 5 'very hard')	1.0 (2.0), 1.0-4.0
<b>Accessibility of the E-SOLAS training programme and resource materials</b>	
6. <i>What proportion of the course did you complete?</i> (estimate out of 100%)	Mean % (SD), min-max
• At work	23.6 (37.6), 0-100.0
• Outside work in own time	47.9 (44.6), 0-100.0
• Outside work on work time	28.5 (45.1), 0-100.0
	n (%)
7. <i>Did you encounter any difficulties while undertaking this E-learning training programme?</i> Yes	9.0 (69.2%)
8. <i>If yes, please tick as many as relevant</i>	
• Work time	1.0 (7.7%)

• Home time	3.0 (23.1%)
• Computer access work	4.0 (30.8%)
• Computer access home	2.0 (15.4%)
• Accessing online materials	6.0 (46.2%)
• Completing in-course activities	1.0 (7.7%)
• Completing gate assessments	5.0 (38.5%)
	Median (IQR), min-max

9. *How easy was it for you to (1 'very easy' to 5 'very hard')*
- use the online programme [i.e. accessing the site, logging in]? 2.0 (1.5), 1.0-4.0
  - navigate around the site [i.e. getting back to the home page, finding a particular page of interest]? 1.0 (1.0), 1.0-3.0
  - access the resource materials? 3.0 (3.0), 1.0-4.0
  - find the display/ format of the information to use? 1.0 (1.0), 1.0-4.0

#### **Quality of the E-SOLAS training programme**

10. *What did you like about this online training, if anything? (provide examples if you can)?*

11. *What did you dislike about this online training, if anything? (provide examples if you can)?*

12. *How did you find the display/format of the information? (1 'very poor' to 5 'very good')*

• Amount of text per page	4.0 (1.0), 4.0-5.0
• Amount of graphics	4.0 (1.0), 3.0-5.0
• Color of text	5.0 (1.0), 4.0-5.0
• The forum	4.0 (1.0), 3.0-5.0
• Level of interactivity	4.0 (2.0), 2.0-5.0

13. *How would you rate the (1 'poor' to 5 'excellent')*
- quality of presentation of online training programme? 5.0 (1.0), 4.0-5.0
  - content of online training programme? 5.0 (1.0), 4.0-5.0
  - quality of resource materials within online training programme? 5.0 (1.0), 4.0-5.0

17. *How helpful was the UCD team in supporting you during training? (1 'very unhelpful' to 5 'very helpful')*

5.0 (0.0), 1.0-5.0

18. *How effectively do you think the content of the course was presented? (1 'very effective' to 5 'not at all effective')*

1.0 (1.0), 1.0-4.0

### Implementation Outcomes

#### Acceptability of the E-SOLAS training programme

19. How acceptable is this E-learning training programme to your health service 5.0 (0.0), 4.0-5.0

training needs? (1 'very unacceptable' to 5 'very acceptable')

#### Appropriateness of the E-SOLAS training programme

20. How relevant is this E-learning training programme to your health service 5.0 (0.0), 4.0-5.0

training needs? (1 'very irrelevant' to 5 'very relevant')

21. The SOLAS Physiotherapist E-learning -training programme provided me with 5.0 (1.0), 4.0-5.0

useful information and skills that may improve my physiotherapy practice in group-

based settings. (1 'strongly disagree' to 5 'strongly agree')

#### Feasibility of the E-SOLAS training programme

22. Overall would you recommend this course to primary care physiotherapists? Yes n (%) 13.0 (100.0%)

23. Would you have a preference for the method of SOLAS physiotherapist training?

- Face to face 0.0 (0.0%)
- Online 9.0 (69.2%)
- Both 4.0 (30.8%)

#### Sustainability of the E-SOLAS training programme

Median (IQR), min-

24. How confident are you to deliver the SOLAS programme following this E-

max

4.0 (1.0), 4.0-5.0

learning training programme? (1 'Not very confident to 5 'Very confident')

25. The SOLAS Physiotherapist E-Learning Training programme provided me with 5.0 (1.0), 4.0-5.0

useful information and skills that will allow me to deliver the SOLAS programme

competently. (1 'Strongly disagree to 5 'Strongly agree')

26. How confident are you that this E-learning training programme is sufficient to 4.0 (0.0); 4.0-5.0

lead to the sustained delivery of the SOLAS programme within your HSE primary

care areas? (1 'Not very confident to 5 'Very confident'),

27. Now that you have completed training do you intend to run the SOLAS

n (100%)

13.0 (100.0%)

programme in your service area? Yes

#### Level specific questions

1. What is your overall rating of each Level? (1 'poor' to 5 'excellent')

For all below questions (1 'strongly disagree' to 5 'strongly agree')

2. This level was sufficiently interactive

3. The format of this level was innovative

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4. *The content of this level was interesting*
  5. *The content of this level was easy to understand*
  6. *The content of this level increased my understanding of the SOLAS programme*
  7. *The content of this level increased my confidence in delivering the SOLAS programme*
  8. *The resources for this level helped me to understand the training*
  9. *The resources for this level were useful*
  10. *The level gate assessment was relevant to the content of this level*
  11. *The level gate assessment was easy to complete*
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