

Study design	Author													
		Was there a clear statement of the aim of the research	Is a qualitative methodology appropriate	Was the research design appropriate to address the aims of the research?	Was the recruitment strategy appropriate to the aims of the research?	Was the data collected in a way that addressed the research issue?	Has the relationship between researcher and participants been adequately considered?	Have ethical issues been taken into consideration?	Was the data analysis sufficiently rigorous?	Is there a clear statement of findings?	How valuable is the research?		Score	Yes out of the total number of questions
Qualitative	Benvenuti 2014 [24]	y	c	n	y	c	n	y	y	y	L		5/9	
	Bodker 2015 [25]	y	y	n	n	n	n	y	n	y	P		4/9	
	Cady 2015 [29]	y	c	y	n	y	n	n	y	y	L		5/9	
	Chang 2013 [26]	y	y	y	c	y	n	y	n	n	L		5/9	
	Duggan 2015 [31]	y	y	n	n	y	y	y	y	n	L		6/9	
	Fairbrother 2013 [27]	y	y	y	y	y	y	y	y	y	H		9/9	
	Fatehi 2015 [30]	y	y	c	c	y	n	y	n	y	L		5/9	
	Mehrotra 2014 [32]	y	n	n	c	n	n	n	n	n	L		2/9	
	Griffiths 2017 [34]	y	c	c	y	y	n	n	y	y	L		5/9	
		Did the trial address a clearly focused issue?	Was the assignment of patients to treatments randomised?	Were all of the patients who entered the trial properly accounted for at its conclusion?	Were patients, health workers and study personnel 'blind' to treatment?	Were the groups similar at the start of the trial?	Aside from the experimental intervention, were the groups treated equally?	How large was the treatment effect?	How precise was the estimate of the treatment effect?	Can the results be applied in your context? (or to the local population?)	Were all clinically important outcomes considered?	Are the benefits worth the harms and costs?		
RCT	Buvik 2016 [28]	y	y	y	n	y	y	n/a	c	y	y	c	7/9	
	Petrella 2014 [33]	y	y	y	n	y	y	n/a	c	y	y	y	8/9	

Y= yes, N= no, C=Can't tell, n/a= not applicable.; L=Low, H= High, P= Pilot,