Appendix 1 Flow of respondents who started participation

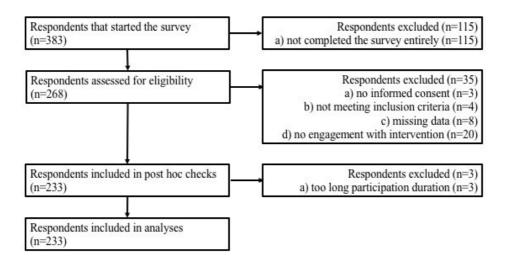


Figure 1.1: Consort flow-diagram of respondents who started participation in Study 1

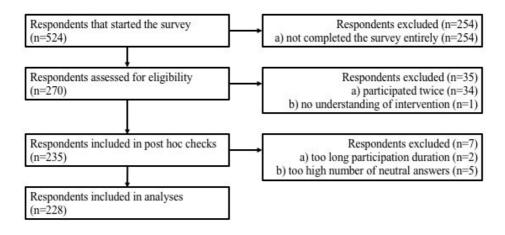


Figure 1.2: Consort flow-diagram of respondents who started participation in Study 2