

Table S2: Quality assessment of the studies included

Study	Methods for selecting study participants	Methods for measuring exposure and outcome variables	Design-specific source of bias	Method of control confounding	Statistical methods	Other bias
Anand 2015	+	-	+	-	-	+
Anand 2016	-	+	-	-	+	+
Bauermeister 2015	+	+	-	+	+	+
Brady 2014	-	-	+	-	-	+
Buzdugan 2016	-	+	-	-	-	+
Elliot 2012	-	-	+	-	-	+
Elliot 2016	-	+	+	-	-	+
Horvath 2013	+	+	+	+	+	+
Huang 2015	-	-	+	-	-	+
Hyden 2016	-	-	+	-	-	+
Jones 2015	-	-	-	+	-	+
Ko 2013	+	+	+	-	+	+
Lampkin 2016	-	-	+	+	-	+
Mendizabal-Burastero 2016	-	-	-	+	-	+
Munro 2016	-	-	+	-	-	+
Patel 2016	+	+	-	+	+	+
Rhodes 2011	-	+	+	+	+	+
Rhodes 2016	-	+	+	+	+	+
Roberts 2015	-	-	+	-	-	+
Sun 2015	+	-	-	-	+	+
Tang 2016	+	+	-	+	+	+
Washington 2016	+	+	+	+	+	+
West 2015	-	-	+	-	-	+
Young 2013	+	+	-	+	-	+
Young 2015	+	+	-	+	+	+
Zou 2013	+	-	+	-	-	+

Note: (+) means low risk of bias and (-) means high risk of bias.

