Multimedia Appendix 1: eHealth Literacy Scale [19]

I would like to ask you for your opinion and about your experience using the Internet for health information. For each statement, tell me which response best reflects your opinion and experience *right now*.

- 1. I know what health resources are available on the Internet
- 1)
 Strongly Disagree
- 2) 🖵 Disagree
- 3) 🖵 Undecided
- 4) 🖵 Agree
- 5) 🖵 Strongly Agree
- 2. I know where to find helpful health resources on the Internet
- 1)
 Strongly Disagree
- 2) 🖵 Disagree
- 3) 🖵 Undecided
- 4) 🖵 Agree
- 5) 🖵 Strongly Agree
- 3. I know **how** to find helpful health resources on the Internet
- 1)
 Strongly Disagree
- 2) 🖵 Disagree
- 3) 🖵 Undecided
- 4) 🖵 Agree
- 5) 🖵 Strongly Agree
- 4. I know how to use the Internet to answer my questions about health
- 1)
 Strongly Disagree
- 2) 🖵 Disagree
- 3) 🖵 Undecided
- 4) 🖵 Agree
- 5) 🖵 Strongly Agree
- 5. I know how to use the health information I find on the Internet to help me
- 1)
 Strongly Disagree
- 2) 🖵 Disagree
- 3) 🖵 Undecided
- 4) 🖵 Agree
- 5) 🖵 Strongly Agree

- 6. I have the skills I need to evaluate the health resources I find on the Internet
- 1)
 Strongly Disagree
- 2) 🖵 Disagree
- 3) 🖵 Undecided
- 4) 🖵 Agree
- 5) 🖵 Strongly Agree
- 7. I can tell high quality health resources from low quality health resources on the Internet
- 1) 🖵 Strongly Disagree
- 2) 🖵 Disagree
- 3) 🖵 Undecided
- 4) 🖵 Agree
- 5) 🖵 Strongly Agree
- 8. I feel **confident** in using information from the Internet to make health decisions
- 1) 🖵 Strongly Disagree
- 2) 🖵 Disagree
- 3) 🖵 Undecided
- 4) 🖵 Agree
- 5) 🖵 Strongly Agree

Thank you!