

Multimedia Appendix 9 Smoking Self-efficacy: Internal Stimuli.

Remarks: The Internal Stimuli subscale included the self-efficacy in the following situations (1) Feeling anxious; (2) Getting angry; (3) Feeling nervous; (4) Bad mood; (5) Thinking about a difficult problem; 1= Absolutely not sure not to smoke, 2= Not sure not to smoke, 3= Approximately sure not to smoke, 4= Sure not to smoke, 5= Absolutely not to smoke

General linear model repeated measures analysis: Time effect $P < .01$; Group effect (A versus C) $P = .24$; Group effect (B versus C) $P = .56$; Interaction of time and group (A versus C) $P = .04$; Interaction of time and group (B versus C) $P = .83$